

In the April issue



03 FIRST WORD

06 NEWS

The Good Life Press is moving – to the pigsties!

08 VACUUM SEALING

This method of keeping food fresh is fun and effective.

10 JUNIOR KITCHEN GARDEN

“Encourage young members of the family to grow food crops” says Elisabeth Arter, who started vegetable growing when very young and has been doing so ever since.

12 AN HOUR IN THE GARDEN

What is happening in the April Garden?

16 IN PRAISE OF THE HAZEL

Tim Wootton looks at one of the most ancient British plants.

20 ESPALIER

How to grow fruit against a wall or along a fence.

22 IS YOUR GARDEN GOOD FOR WILDLIFE?

Linda McDonald Brown looks at what you need for a wildlife garden.

26 RELAX!

How about creating your own ‘spa experience’ at home, to relax and rejuvenate? Linda Regel shows the way.

30 GARDEN STRUCTURES

Paul Peacock waxes lyrical about raised beds.

32 RABBITS

Everyone knows a rabbit when they see one, but how many people when they look at a rabbit think of it as food? Mike Rutland shows us the basics.

37 THE TEXT FACTOR

Want to write for Home Farmer – here’s a fun opportunity.

38 YOUR SAY

Readers letters and a whole load of readers tips too!

40 BOOK REVIEWS

The first of our readers book reviews.

42 52 MEALS TO SAVE THE PLANET

A strange coincidence has an important consequence if we are going to grow our own food – Paul Peacock goes a little deeper.



47 A-Z OF VEGETABLES PART I

Our pull out series on how to grow all kinds of vegetables – to be continued...

56 HEN HOUSE

Janice Houghton-Wallace explains how to look after a broody hen on eggs.

58 PLAYING DUCKS AND DRAKES

Liz Fairbrother looks at duck behaviour in spring.

60 GOATS

Felicity Stockwell considers the various possibilities for your newborn kids with horns.



64 MONTY DON

Everybody's watching his new series, so here's what Monty thinks.

68 BEES

Why treat with oxalic acid?

70 VERTICAL GARDENING

John Butterworth builds a tiered growing platform so you can grow even in the smallest spaces.

76 BUTTER IDEAS

Making various different kinds of butter for cooking.

78 CHILDREN COOKING

Some recipes for children to cook for themselves, from pizza toasters to bakes apples.

80 SEASONAL COOKING

Recipes for April, spring lamb, crab cakes and dandelion tea.

84 COOKING WITH PORK

Diana brings recipes for some of the very best of meat ingredients.

88 CREATE A SMALL HERB GARDEN

Ann Somerset Miles builds a small but perfectly formed herb garden.



90 DOWNSHIFTERS GUIDE TO FURNITURE

Mike Woolnough looks at how to renovate old but strong furniture.

93 I'M A CELEBRITY

Get me out of here, Mike Woolnough continues his urban saga with a trip to the radio

96 COOKING WITH EGGS

Now Cadbury has been taken over, why not make your own Easter egg – the cooked variety, says Diana Sutton – after all, it is Easter!

98 CLASSIFIEDS

Go on, grab yourself a bargain.

99 NEXT MONTH

What is happening in the May issue?

